Tuesday 4th February

Dear Parents and Carers,

### When we return to school after February half term, we will be a Peanut and Nut Free School as we have staff and pupils who have a severe allergic reaction to nuts and peanuts. Severe allergic reactions result in anaphylaxis and can be fatal. I am sure you have read some of the tragic stories of fatal incidents that have made the news.

### Nuts and Peanuts can cause severe allergic reactions in a wide range of ways. A person with an allergy does not have to eat nuts or peanuts to have a severe reaction, this can be caused by surface contact and airborne particles. This allergy effects approximately 1/50 children and adults.

### As a school we have a responsibility to keep our pupils, staff and visitors safe and to reduce risk of harm.

### **What this will mean?**

* Pupils, staff and visitors **will not** be able to bring products containing nuts or peanuts into school.
* If a child does bring in a banned item, the issue will be discussed with parents at the end of the day.

### **What products will not be allowed in school?**

* Peanuts and nuts and products containing peanuts or nuts.
* Peanut butter or peanut based chocolate snacks (Snickers/ Reece’s pieces etc).
* Items where peanuts or nuts are listed as main ingredients.
* Nut or peanut based oils or products.

### **What products are allowed?**

* Items that “may contain nuts” and “may contain traces of nuts” or “made in factories that use nuts” These present a low risk and are not direct ingredients in the products.
* All other non-nut based snacks and food stuff.

### All pre-packaged food sold within the EU, including the UK, must declare and highlight the presence in the ingredient list of 14 major allergens even if they appear in small quantities. These 14 allergens include peanuts and common tree nuts (almonds, hazelnuts, walnuts, cashew nuts, pecan nuts, Brazil nuts, pistachio nuts, macadamia nuts and Queensland nuts).

### To find out more information about nut and peanut allergies please follow the link below:

<https://www.allergyuk.org/information-and-advice/conditions-and-symptoms/778-peanut-allergy>

### Thank you for your continued support in keeping our children safe in school.

### Yours faithfully,

### Mrs Askew

### Headteacher