

	yo or Cheese	Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese	Deli Option	
		Deli		
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Lentil Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Lentil Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw
		3rd Options		
Veggie Nuggets and Chips (v)	Cheese and Tomato Quesadilla with Mexican Rice (v)	Quorn Fillet with Roast Potatoes and Gravy (v)	Shepherdess Pie (v)	Broccoli and Cheese Bake with Rice (v)
		Vegetarian		
Fish and Chips	Build your own Chicken Wrap with Mexican Rice	Roast of the Day with Roast Potatoes and Gravy	Cottage Pie	Margherita Pizza (v)
		Main		
FRIDAY	THURSDAY	WEDNESDAY	TUESDAY	MONDAY

	-	Vegetables		
Hot Seasonal Vegetables				
		Dessert		
lced Carrot Cake	Flapjack	Plum Pudding Cake	Jelly Crunch Pot	Fruit Mousse
Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt
		-	-	Fresh fruit and voghurt

Fresh seasonal salad and bread available daily. Fresh fruit and y available daily as an alternative to the dessert of the day.











Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese

	Fruit/Yoghurt	Vegan Sweet Potato and Ginger Cake		Hot Seasonal Vegetables	
	Fruit/Yoghurt	Fruit Shortbread		Hot Seasonal Vegetables	
	Fruit/Yoghurt	Berry Crumble Traybake	Dessert	Hot Seasonal Vegetables	Vegetables
	Fruit/Yoghurt	Chocolate and Beetroot Brownie		Hot Seasonal Vegetables	
ensure the daily. Fresh fruit and yoghurt	Fruit/Yoghurt	Fruit Yoghurt Fool		Hot Seasonal Vegetables	

Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day:









MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Main		
Ratatouille Pasta Bake (v)	Meat Feast Pizza	Roast of the Day with Roast Potatoes and Gravy	Bolognese with Pasta	Fish and Chips
		Vegetarian		
Vegetarian Sausage and Bean Hotpot (v)	Potato and Bean Calzone (v)	Mediterranean Gnocchi Bake (v)	Barley and Vegetable Risotto (v)	Cheese and Tomato Pinwheel with Chips (v)
		3rd Options		
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Lentil Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Lentil Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Salmon Mayo or Coleslaw
		Deli		
	Deli Option w	Deli Option with Ham. Tuna Mavo. Egg Mavo or Cheese	o or Cheese	

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Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt
Chocolate Mousse	Cherry Cinnamon Pudding	Baked Rice Pudding with Fruit Compote	Oat Fruit Slice	Sticky Orange Cake
		Dessert		
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
		Vegetables		

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Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.



FOR BODY AND BRAIN









