



Our Lady of the Assumption Catholic Primary School

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Dear Parents and Carers

RELATIONSHIP EDUCATION PROGRAMME

As you may be aware, Relationship Education became statutory for all primary schools from September 2020. At Our Lady's we have decided to teach Relationship Education through **Life to the Full** which is a brand new programme for Catholic primary schools and we will be delivering the first sessions this half term.

The **Life to the Full** programme is based on 'A Model Catholic RSE Curriculum' by the Catholic Education Service which was highlighted as a work of good practice by the Department of Education. Therefore, we have confidence that the programme will be fit for purpose in supporting the growth and development of your child.

Life to the Full is much more than a series of lessons. It is an entire platform of creative resources that will engage, inform and inspire our children and, indeed, you as parents. This includes interactive video content, story-based activities, employing a wide range of teaching tools, original worship music and an accompanying programme of classroom prayers.

In addition there is an online parent portal so that you, as parent and carers, can engage with the teaching and deepen the experience for your child. To access the online parent portal please visit:
www.tentenresources.co.uk/parent-portal

School Username: ol-assumption-cv4
School Password: mary-mother-94

Programme Structure

Each year group will study three modules. The content of the each module builds year-on-year as the children move through the programme. The following is an overview of each module:



Module One: Created and Loved by God

This module explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships. In these sessions, the children learn that we are all unique and develop an understanding of our differences, including physical differences. They will move on to learn about puberty (from Year 4) and to develop a deeper understanding of the physical and emotional differences between boys and girls in Upper Key Stage Two.

At Our Lady's we have decided to include an optional session in Year 6 which covers how babies are made. This is the only part of the programme which is not statutory in Primary school and parents and carers have the right to withdraw their child from this session if they wish.

Module Two: Created to Love Others

This module explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this unit explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe. As part of this module, the children will learn protective behaviours, how to say safe online and how to deal with peer pressure. They will also learn about the dangers of tobacco, drugs and alcohol as well as basic First Aid techniques.

Module Three: Created to Live in Community

This module explores the individual's relationship with the wider world. The children explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good. In the first Unit, Religious Understanding, the story sessions help children to develop a concept of the Trinity. In subsequent sessions, this is applied to real-world situations, such as the community we live in, and through exploring the work of charities which work for the Common Good.

Effective relationship education is a partnership between home, school and church. Life to the Full, is designed to develop, support and enrich this partnership. Please take the time to visit the parent portal to look at the programme in more detail.

Yours sincerely,

Mrs R Askew
Headteacher

